



TONY ROBBINS

ULTIMATE RELATIONSHIP GUIDE

Connect more deeply and more passionately with your partner

**RELATIONSHIPS
WITH WOMEN →**

**RELATIONSHIPS
WITH MEN →**



RELATIONSHIPS WITH WOMEN

It's time to step up

If you want your woman to be fully alive – if you want her core, her passion, her energy – then the first thing you must understand is her fundamental needs. When you meet those needs, you will help her step into her true self.

Her beautiful, feminine energy will radiate like never before! She will open up to you, she will draw you in, and you will create a closer connection and a deeper level of intimacy than you ever imagined possible.

9 KEYS TO PASSION & INTIMACY

TONY ROBBINS RELATIONSHIP GUIDE



Key 1

LET HER VENT TO YOU.

Key 2

VALIDATE HER FEELINGS.

Key 3

DON'T TRY TO SOLVE
THE PROBLEM; INSTEAD,
FOCUS ON JUST
LISTENING.

WOMEN NEED TO FEEL UNDERSTOOD



NEED #1:

Women need to feel understood

Women need a *reason* to make love – men just need a place. Remember, women are incredibly sensitive to context. When a woman doesn't feel understood, she closes up. She becomes less feminine and shifts into a more masculine facade.

When a woman does feel understood, however, she relaxes. She feels more comfortable and continues to open up, which allows you to form a closer bond. Women need that type of connection to trust you, and trust is necessary for intimacy.



Key 4

REGULARLY EXPRESS
WHAT YOU APPRECIATE
ABOUT HER.

Key 5

LEAVE ELECTRONIC
DEVICES OUT OF THE
BEDROOM AND GIVE
HER YOUR UNDIVIDED
ATTENTION

Key 6

TAKE TIME TO NOTICE
WHAT USUALLY GOES
UNNOTICED.

WOMEN NEED TO FEEL SEEN



NEED #2:

*Women need to feel **seen***

You may love your woman, but that doesn't mean you make her feel seen. And women do not want to feel invisible – especially to their partners.

Your presence is one of the greatest gifts you can give to her. Look her in the eyes when you speak to her. Take the time to notice the details. Pay her sincere compliments, not just about her appearance, but about her positive habits or behavior.



WOMEN NEED TO FEEL SAFE

Key 7

**MAKE DECISIONS.
WOMEN FEEL UNSAFE
WITH PEOPLE WHO ARE
WISHY-WASHY.**

Key 8

**PUT YOUR WOMAN FIRST.
SHOW HER THAT SHE IS
YOUR PRIORITY.**

Key 9

**TAKE CARE OF HER! BE HER
ROCK. BE RELIABLE.**



NEED #3:

*Women need to feel **safe***

Because of their evolutionary history and innate physical differences, women are biologically wired to feel like they need protection. When you understand this, you can begin to see the reason behind some behaviors, like if she tries to exert control over a situation. While it's not something you have to just tolerate, you can be loving and start to appreciate what she is going through.

Different things make women feel unsafe, and your job is to discover what those are. She may feel unsafe over little things. And instead of being annoyed by it, your job is to be understanding and show compassion and love. Because when a woman does feel safe, she opens up, she connects, and she feels free to dive into passion.

9 KEYS TO PASSION & INTIMACY IN SUMMARY

Key 1

LET HER VENT TO YOU.

Key 2

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Key 3

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Key 4

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CREATE A LONG-LASTING, PASSIONATE RELATIONSHIP

RISK-FREE TRIAL OF ULTIMATE RELATIONSHIP GUIDE

Over 10 days, you will learn more than strategies, you will witness Tony and Sage working with real people in real relationships so you can experience the transformations as they happen.

See what's possible when you transform your beliefs, eliminate fears and master the skills to create your ultimate relationship.

TRY THIS RISK-FREE OPPORTUNITY TODAY.

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7 DAY RISK FREE TRIAL

SHIP ME THE CD/DVD VERSION

30 DAY RISK FREE TRIAL



RELATIONSHIPS WITH MEN

If you want to create polarity in your relationship, if you want that intense attraction to your man, then you must allow him to step into his masculine core. And to do this, the first thing you must understand is his fundamental needs. Because when you meet those needs, you will unleash his masculine energy - which is a force of nature. A man who is connected to his masculine core knows who he is, what he wants and where he's going. And when that energy meets its feminine counterpart, passion and intimacy are off the charts.

9 KEYS TO PASSION & INTIMACY

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Key 1

**STOP FOR A MOMENT
AND JUST APPRECIATE
WHAT YOUR MAN
BRINGS TO THE TABLE.
PRAISE HIM SINCERELY.**

Key 2

**BOAST ABOUT HIM TO
OTHERS.**

Key 3

**CELEBRATE THE SMALL
VICTORIES.**

MEN NEED TO FEEL APPRECIATED



NEED #1:

Men need to feel appreciated

For a man, criticism is like kryptonite. Criticism will destroy any possibility of connection. Sometimes, you may think you are merely “coaching” a man, but that’s not how they interpret it. All it does is distance him. If you can sincerely make him your hero, you’ll own his heart – and he’d do anything for you.



Key 4

GIVE OWNERSHIP TO YOUR MAN. DON'T MICROMANAGE.

Key 5

ASK HIM FOR HIS INPUT. SHOW HIM YOU VALUE HIS OPINION.

Key 6

ENCOURAGE HIM TO GO DO! "WHAT MAKES YOU HAPPY MAKES ME HAPPY."

MEN NEED TO FEEL FREE



NEED #2:

A man needs to feel free

When you start to control a man – no matter how much he loves you – rage, anger or resentment start to build up inside him. Men need to feel free. That allows their masculine core to shine through. They can take care of you, take charge, and take ownership of their life.



Key 7

STEP INTO YOUR FEMININITY. BE WARM, OPEN AND AFFECTIONATE.

Key 8

BE IN YOUR OWN ELEMENT. THAT'S WHAT HE LOVES ABOUT YOU.

Key 9

DON'T REPRESS YOUR EMOTIONS, SHARE THEM WITH HIM.

MEN NEED TO FEEL OPENED UP TO



NEED #3:

*Men need to feel **opened up to***

If he feels that you're closed off, he doesn't try harder to connect, instead he shuts down. What makes men really respond is when you open up to them. Because when you're open, your radiance is flowing – your heart, your laughter and your smile flows. Even your pain can flow. And when you are flowing, it creates a current of connection that creates a deeper level of intimacy than ever before.

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